



Elayna Collin, RPP, LMT

Registered Polarity Therapist
Licensed Massage Therapist

Member of ABMP
American Bodywork & Massage Association

Over 30 years of Professional Service on the South Shore.

Offering Bodywork For Health & Healing

Integrated Muscular Massage

Polarity Energy Balancing

Craniosacral Balancing

Myofascial Unwinding

Lymphatic Drainage

Chakra Balancing

30 Minutes 45.00

60 Minutes 80.00

75 Minutes 95.00

90 Minutes 110.00

By Appointment: 781-826-8500

Heney Chiropractic Neurology Center, LLC



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Hello,

I am very pleased to have the opportunity to begin a new journey with those of you who wish to experience the form of bodywork I now offer here at Dr. Steve's office.

Through various trainings in Polarity Therapy, Holistic and Medical Massage, including a variety of Vibrational Healing Modalities, and over 30 years of experience, my work has developed into an unusual style of bodywork.

With thoughtful consideration to personal history and the immediate needs of the client, each session is spontaneously and skillfully created, often by interlacing two or more modalities to increase the effectiveness of the session instead of following a repetitive routine.

Ultimately, the intention of this work is for pain and stress reduction to encourage greater flexibility and peace of mind through deep relaxation.

Deep relaxation aids in relieving the effects of muscular tension and mental stress, which then naturally encourages improved functioning of the body's systems towards self-healing and balance.

Many afflicted with symptoms of imbalance such as pain, fatigue, stress, anxiety, injury, edema, constipation, Fibromyalgia, TMJ Syndrome, and Multiple Sclerosis have experienced positive results with this technique.

From better digestion to clarity of thought, these sessions have given people freedom from pain, greater flexibility, and the feeling of ease, rejuvenation and overall balance.

The best way for understanding the work I do is through your own personal experience of receiving sessions . . . I welcome you to my table.